



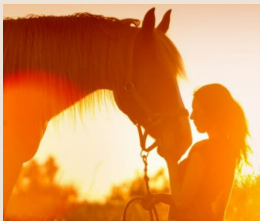
NOVEMBER 2021



Diesel bobbing for apples on Halloween



Horse SenseAbility Hoofbeats



Horses Lift Us Up in So Many Ways

People often mistakenly think riding is the only activity we can do with horses that has therapeutic value. But unmounted work with horses--called horsemanship--can be just as effective if more so as this parent explains:

"My daughter is 22 years old and has autism, depression and anxiety. I've watched her walk into the barn inhaling the aroma and gently, quietly, respectfully saying "hi" to each horse and then visibly exhaling. She leaves the barn after each session with a sense of contentment that is really rare and is sustained for hours."

What's New?

[Middlesex Savings Bank Charitable Foundation](#) awarded a grant to Horse SenseAbility for its April **Reading, Writing & Riding** vacation camp. More info to come.

This winter Horse SenseAbility will offer a virtual weekly **Club Wildstar** for participants aged 6 to 10 who want to learn more about horses from the warmth of their home. Stay tuned for details.

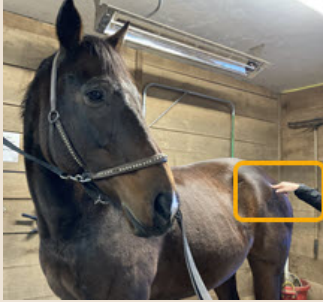


Do You Know?

You can move a horse with just 1 finger!

You don't have to be super strong to move a horse...you just have to be super clear with your cues. If a horse is crowding your personal space, you can usually get it to move over by

just poking a finger in its flank.



Upcoming Events

11/12 -- Deadline to order [Horse SenseAbility holiday gifts](#)

11/12 to 11/15 -- Hugo has a birthday surprise for you!

11/30 -- Giving Tuesday



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Donate